

VOLUNTEER TODAY!

# PeerBuddies In-Person and Virtual Private Sessions!



**PeerBuddies** pairs children, teens, and young adults with social difficulties with same-aged Peer Buddy volunteers to create an inclusive space for learning essential social skills. Services are provided in the community or via Telehealth. The program is supervised by a Board Certified Behavior Analyst (BCBA) *PeerBuddies* Founder, Elika Shahrestani, M.S., B.C.B.A. with over 20 years' experience.

For our **In-Person Private Sessions Program**, Peer Buddy volunteers are paired with same-aged or slightly younger individuals with social difficulties. They work to create inclusive spaces for learning essential social skills - all while engaging in varied, stimulating, age-appropriate activities around Santa Barbara! Our Lead Facilitators (RBTs) guide and support every session.

Our **Virtual Private Sessions Program** is similar to our In-Person Private Sessions, but Buddies instead meet virtually via Telehealth (Zoom) to work on social skills while engaging in age-appropriate activities!

## WHAT?

Be a Buddy to a child, teen, or young adult with social difficulties (with ongoing training and support!), while helping to create a more inclusive community by engaging with individuals with different backgrounds and experiences!

**AGES** - 6-22 year-olds

## WHERE?

**In-Person Sessions:** Locations in or around Goleta, Downtown Santa Barbara, and Montecito (parks, coffee shops, museums, the Zoo, beaches, & more!). Adhering to COVID-19 safety protocols.

**Virtual Sessions:** From the comfort of home, via a Telehealth video conference system (SecureVideo; uses Zoom software).

## WHEN?

Any day of the week, Monday-Friday.  
In-Person Private Sessions are 1.25-hours,  
& Virtual Sessions are 1-hour in duration, between the hours of 9:30 AM-6:00 PM.

## WHY?

This is an incredible opportunity to connect with others, learn essential social skills, and have a blast in a supportive environment!

## HOW?

Contact us at [info@peerbuddies.com](mailto:info@peerbuddies.com) or **(805) 620 - 7337**

**Fill out an application\*** on the *PeerBuddies* website! Go to **Programs → Private Sessions → Peer Buddies → Enroll**

\*Applications are not smartphone or tablet compatible.



Visit Our Website!  
[www.peerbuddies.com](http://www.peerbuddies.com)



Contact Us!  
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